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Subject: Ilford AC Press Report AND Newsletter Message from Billy Green October 11, 2021 21:05 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Please find links below to this weeks Press Report AND Newsletter (roll on next lockdown lol)

Marathon season continues with 3 marathons and some outstanding achievements including an incredible performance that catapults a young lady in to the Top 10 all-time female Ilford AC Marathon runners.

There's also a half marathon featuring coach and someone who did a full marathon only the week before.

Some great achievements at Tiptree, but I've left my own piece of serious racing to the end, so as not to take away from anyone else's performances !!

The newsletter contains some important fixture additions and changes, so be sure to give it a read.

## PRESS REPORT :-

ilfordathleticclub.co.uk/2021/10/11/press-report-12th-october-2021/

## NEWSLETTER

sway.office.com/zK5LC7h7oSrliVqr?ref=Link

That's all folks

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately