



## Womens Track All Time top 50 list

Subject: Womens Track All Time top 50 list

Message from Gary Floate October 9, 2021 20:43

All Club e-mail messages can now be viewed via the Ilford AC web site link at

[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

The all time top 50 track lists have been updated after this years performances

New entrants and movement to lists below

100m

Krystle 28th Senior list

Ellie 25th U20 list

Efe 26th u20 list

Aleena 28th U20 list

200m

Krystle 17th Senior List, 30th All time list

Ellie 20th U20 list

Aleena 29th U20 list

Ayshah 43rd U20 list

400m

Gemima 15th senior list, 20th all time list

Jordan 43rd senior ladies list

800m

Jordan 14th senior list, 17th All Time list

Gemima 38th on senior ladies list

1500m

Jordan 25th senior list, 36th all time list

Anna 40th senior list

Carlie 15th vets list

Gaye 16th Vets List

3000m

Sameena 4th on Vets list and 30th all time list

Anna 24th Senior Ladies, 37th All Time



## Womens Track All Time top 50 list

5000m

Anna moves up to 13th on the all time list

Amy 14th on All Time List

10,000m

Sameena 4th on all Time list and Vets club record

New Javelin

Gemima 7th All time list

Full lists can be viewed at

[ilfordathleticclub.co.uk/recordsbest/tf-records-and-best-performances/tf-best-performances-women/](http://ilfordathleticclub.co.uk/recordsbest/tf-records-and-best-performances/tf-best-performances-women/)

Working on the mens one now

Gary

If you need to respond to this email please do not reply but contact Gary Floate separately