



Subject: Ilford AC Press Report. 5th October 2021
Message from Billy Green October 5, 2021 12:11
All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

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Please find below this weeks Press Report.

It seems like the rain has had an effect on the paperwork and laptops from Saturdays Essex Cross Country Relays as no results in yet, so apologies for the vagueness of the report from there.

Elsewhere another fantastic day for the club at the London Marathon both running and volunteering and well done to the small but perfectly formed squad at the Chingford League on Saturday.

Report below:-

ilfordathleticclub.co.uk/2021/10/05/press-report-5th-october-2021/

Regards

Billy.

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If you need to respond to this email please do not reply but contact Billy Green separately