



## Chingford League details and important info

Subject: Chingford League details and important info

Message from Billy Green September 5, 2021 09:47

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Just under 2 weeks to the start of the 2021/2 season.

Hog Hill Sat 18th Sept

U11/13 at 12.45

Senior Women (+U15/17) at 1pm

Senior Men at 1.40pm.

CAN EVERYONE PLEASE BE THERE FOR 12:30 TO SUPPORT LAST YEAR'S AWARDS (especially the individual winners).

Can we nominate people to collect team prizes - Ernie and Carlie ? (I am on holiday)

Below are the key points for Chingford League entries.

Attached is the list of awards from last year.

There are several IAC runners amongst the recipients.

Please can you be present if possible.

Also there are two shiny new shields for IAC, the inaugural Div 2 mens and womens champions, duly engraved, ready to present to us. They're the only things we can't win again at the end of this season as we are now in Division 1!

PLEASE KEEP THE TROPHIES SAFE AND REMEMBER TO BRING THEM AWAY FROM THE VENUE  
!!

I need your confirmed entries by 10pm on Wednesday 15th September

There'll be a number pack ready for us at Hog Hill.

As always, runners keep their bib safely and use the same number at all races (except relays)

If you can't run at Hog Hill but intend to run at later races let me know and you can be allocated a number (entries for future races after the 15th can still happen, but it will be easier for everyone if you can let me know ASAP)



## Chingford League details and important info

The race on October 2nd is expected to be at Central Park Dagenham, all ages to start at 11am. More details to follow.

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately



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