Founded in 1923

Essex XC Relays. Saturday 2nd October

Subject: Essex XC Relays. Saturday 2nd October Message from Billy Green August 20, 2021 21:44 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Please see below details of the ESSEX XC RELAYS in October.

Juniors wishing to run please contact Wayne or Gary, Seniors please contact me
Please let us know by 15th September

The Essex XC Relays will take place on Saturday 2nd October and will be hosted by Billericay Striders at Weald Country Park, Brentwood, CM14 5QS.

The timings of this year's races will be slightly different to normal as the park is used for Parkrun in the morning. We have use of the venue from midday to 5pm and therefore the races will be at the following times:

Race 1 - U13, U15, U17 Girls - 1pm

Race 2 - U13, U15, U17 Boys - 2pm

Race 3 - senior men, women and mixed teams - 3pm.

Race numbers will not be available before midday and will be handed to Team Managers not individual runners.

Medal Presentations will be after each race. The senior course is mostly the parkrun route which is permanently marked out. Course maps are attached along with info about parking fees etc.

If you need to respond to this email please do not reply but contact Billy Green separately



