



Subject: Hilly 5 - FINAL INSTRUCTIONS

Message from Billy Green July 26, 2021 09:57

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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Please read the following instructions very carefully (I shall say this only once!) so that we can ensure Wednesday goes off as smoothly as possible.

Some people have been assigned 2 roles (some 3) so please read the attached carefully so that you are aware of your responsibilities on the day as I have added a couple of secondary roles for people after the original list was sent.

If you have any doubts please contact me as soon as possible.

Equally if you cannot make it I would rather know sooner than later, or not at all (nothing worse than someone just not turning up)

The attached map shows stewards positions – If you can work out where you are from the attached please go straight there and be in place by 7pm, if you are unsure can you arrive at the car park by 6:15pm and I shall walk you there.

I have added a role of 'Race start officials'. This simply entails holding a piece of paper with timings on so that we can organise the start funnel into runners expected times.

Can all 11 stewards please text me your numbers on 07921 917801 (even if you think I have it already) so

- a) I can check on the day you are in place and
- b) I can send you Robins number, who is the person you should contact immediately if there is an 'incident' on your part of the course.

Finally a big thank you to everyone who has offered their help, especially those that have forfeited their race to do so. As you can see no race can happen without an army of helpers, it's a lot more than just turning up and running.

Can everyone arrive as close to 6pm as they can (unless you are a steward and know where you are going) so we have no last minute panic.

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Course Marking - Billy and Robin

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Race Set-Up - Billy, Andy, Ernie, Alan, Carlie

Numbers / Late entry- Nicola, Esther and Carlie

Results (I.T)- Martin, Satha and Aarty, Esther

Referee- Claire

Recorders- Claire and Adam

Timekeepers- Andy and Ernie

Funnel Marshals- Roger and Nicola

First Aid / Marshal coordinator- Robin

Announcer- Martin

Car park Marshals- Brian Meadows, Jimmy Huddart, Julie Gillender, Launa, Sheila

Water Station - Catherine and Afrusa

Video Camera - Finishing- Carlie

Photography - Finishing- Billy

Finish Bars and Water- Julie G and Jimmy H

Presentations- Gary Floate

Race start officials:- Billy, Andy, Ernie, Alan, Gary, Catherine

Tail walkers - Launa/Sheila

## Stewards (see map)

- 1 Wendy Everingham
- 2 Dave Ainsworth and his dog
- 3 Jim Tilbrook / Paul Holloway
- 4 Warren Ibrahim / Kim
- 5 Declan Cullen / Henry Rickets
- 6 Neil/Diane
- 7 Pathrose
- 8 Alan Pearl
- 9 Gary Monroe
- 10 Brian Meadows / Pauline Tester
- 11 Catherine / Afrusa

## Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately

