



SCVAC match Monday 26th July

Subject: SCVAC match Monday 26th July

Message from Billy Green July 20, 2021 08:10

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Please find below message from Henry Ricketts with regard to next weeks Vets match -

.....

Hi all

The second match in the Vets League is next Monday 26th July. The venue is the Bannister Stadium, Harrow, HA3 6PS.

As before you need to declare your intention to compete in advance. If there is an event you'd like to compete in place state your preference in the attachment and return to me by 9pm Thursday 22nd July. If there are more than one athlete for an event, guest participation is okay.

The evening starts with long jump, high jump and hammer all scheduled for 6.30.

For an added incentive for those looking for accurate track times, electronic timing is being made available.

As mentioned please come back to me by Thursday.

Regards

Henry

Vets Track and Field

henrix7@yahoo.co.uk.

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately