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Subject: INGATESTONE '5' MILE ROAD RACE Message from Billy Green July 9, 2021 08:17 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Ingatestone Boys' Own Club INGATESTONE '5' MILE ROAD RACE SUNDAY 12th SEPTEMBER 2021 11.00 A.M.

Please find below details of this years 'Ingatestone 5 Mile road race'

The club has a very proud history of supporting this race so if you cannot run yourself or are told not to enter please consider offering your support on the day. Contact Martin Clarke or myself for details

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In previous years your club has had several runners, who will be interested to know the Online Entries website\* is now 'Live' and open to entries for the race Postal entries are also now being processed for the Ingatestone 5.

They'll find the details and a link to the website\* at www.ingatestone5.co.uk

Please forward these details; we hope they can support this race in 2021

Webmaster p.p. Keith Cranmer Ingatestone '5' Road Race Sunday 12th September 2021 – 11.00am www.ingatestone5.co.uk Organised by Ingatestone Boys' Own Club Part sponsored by Rotary Club of Ingatestone

Regards

Billy



If you need to respond to this email please do not reply but contact Billy Green separately