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Subject: Ilford AC Press Report 6th July 2021 Message from Billy Green July 6, 2021 08:46 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

A historic day for the club last Sunday when for the first time in decades Ilford AC were able to compete in the Eastern Young Athletics League.

Each and every one of our youngsters did themselves and the club proud.

Of course none of this would have been possible without the hard work and determination of our coaches Wayne Hick, Gary Floate and Ian Gains and the selflessness of Nicola Hopkinson and Ernie Forsyth who gave up their time to officiate on the day.

Elsewhere Julia Galea had a great run in Ware (where?) to earn herself a trophy and continue the good progress she is making towards this years London Marathon under the guidance of coach robbo.

Full report at the link below :-

## ilfordathleticclub.co.uk/2021/07/06/press-report-6th-july-2021/

Yesterday I sent out an update on some communications that have come through to the club. A few people said the link didn't work, so I have moved it to a better (if longer!) link. Click below if you missed the communication.

docs.google.com/document/d/1wo3ZkpSvmrD2RCa1KUaSQtYehvoAQGnjN2tjkhyYg7o/edit?us
p=sharing

Again, congratulations to all our athletes both young and not so young who always represent the club magnificently

Regards

Billy



If you need to respond to this email please do not reply but contact Billy Green separately