

Subject: Ilford Vets Track and Field Message from Billy Green June 28, 2021 09:21 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages Message below on behalf of Henry Ricketts – Track and Field Manager

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llford track and field vets.

Message for those looking to compete in SCVAC (vets). The first match is on 5th July at Stevenage SG2 9PA.

There is no match scoring this year however, due to covid restrictions athletes needs to be declared in advance whether "scoring" or "non-scoring/guest" so I'll need to know who is interested in which event.

Team declarations needs to be in by Friday, so if you do fancy a run or wish to test yourself in a field event please get back to me by midday Thursday.

Regards Henry

If you need to respond to this email please do not reply but contact Billy Green separately

SCVAC-Match-details-2021.docx