



Club Support update and Havering Half Marathon

Subject: Club Support update and Havering Half Marathon

Message from Billy Green May 24, 2021 20:51

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

Please find below the latest club support update from England Athletics.

If any of the links don't work, drop me a line and I will forward the original email on.

Local runners may also be interested in the fact that the Havering Half Marathon is back and will take place on the 12th September.

Full details are on "The Havering Daily" website. www.thehaverindaily.co.uk

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Dear All

As we progress further into the latest step of the Roadmap for a return to training and competition we wanted to share our latest strategy for the sport which takes us through to 2032 - Athletes and Runners at the Heart. There are now over 100,000 athletes and runners registered with us for the 2021-22 season and this keeps climbing, over 2000 events have been licenced with us so far, plus demand for our coach and officials education courses is growing each month. There are a few areas below that might help you and your club members as the return to activity continues.

Run Leader Development Workshops

We are really pleased to be able to announce the return of practical Run Leader Development Workshops that will be taking place in 9 locations across the country. Each location will host a morning and afternoon session for up to 30 Run Leaders covering key topics such as:

Warm up activities

Mobility, range of movement and running technique

Developing ideas to support mixed ability groups

Exploring energy systems

Communication, demonstration and delivery of sessions

Networking and learning from each other

The first sessions takes place in Newcastle on Saturday 12th June with a full list of dates and



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venues on the attached flyer. For more information and to book your place click [here](#)

Funetics Holiday Camps

We have recently released some new holiday camp resources to clubs through the funetics programme. Clubs (and providers) can download a holiday camp manual and certificates for free by registering their details here. We will then be offering any clubs who registered their details, the opportunity to become part of the funetics programme. As a reminder, the next available coach training taking place will be the 21st and 23rd June. For further details please contact support@funetics.co.uk

Funding

We will shortly be contacting successful applicants who applied for one of our Club Support or Facility Improvement grants, and opening up a 3rd round of this funding later in the summer. Whilst this fund is closed our Club Support Team are on hand to support you apply for funding through other funders and here are just a couple of examples for funds you may like to explore

www.madebysport.com/clubsincrisis

parasport.org.uk/toyota-parasport-fund

www.sportengland.org/how-we-can-help/our-funds

Let's Talk About Mental Health series, panel event

The next session in the Let's Talk About Mental Health series will take place on Wednesday 23rd June at 7pm via zoom. The event will be a panel discussion hosted by Olympian Donna Fraser with Hayley Jarvis (Head of Physical Activity at Mind), Joe Fuggle (former GB hurdler and founder of the Athlete Place) and Danielle Hodgkinson (England senior 1500m champion and army mental health nurse). For more information, and to register, please visit our website [here](#). We hope you can join us to keep the conversations going about mental health and keep it at the forefront of our COVID-19 recovery.

It's great to see and hear about the positive things that clubs are doing up and down the country, so please continue to share these with us and if you have specific queries and want to speak to a member of the Club Support Team please email

clubsupport@englandathletics.org



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Thanks

Club Support

If you need to respond to this email please do not reply but contact Billy Green separately



[ea-run-leader-development-days-summer-21-v3.pdf](#)