



Ilford AC Hilly 5 – Details

Subject: Ilford AC Hilly 5 – Details

Message from Billy Green May 10, 2021 22:00

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

Following a successful meeting with the Park Manager this morning we are pleased to confirm that all permissions are now in place to hold our Elvis 'Hilly 5' race on Wednesday 14th July. Entries will go up on Entry Central soon.

The course is slightly different, due to redevelopment works at the forest, but parking will again be in the first Car park off of the Main entrance (as in 2019) and toilets will be opened. New route attached.

We are very pleased to confirm that unless anything changes in the meantime we intend to hold this as a proper race – One start, and first home wins (no chip results).

We are going to need plenty of volunteers so please, if you are going to race, can you consider putting forward a friend or family member to help out.

We are going to need our usual on course marshals, car park marshals, someone to help Martin with results, people to deal with on the day entries, people to help with timings and someone to give out water.

Please let me know if you can help on the day.

In other news Dagenham 88's race on Wednesday 2nd June is now online to enter.

Link below –

www.entrycentral.com/Dagenham88Runners?fbclid=IwAR19I9ZG1XiqDmW5u0UKMfU2tzYdaY7Do467ClqOEgYtN8HjIj8uj08QSk

The H90 midweek 5 is provisionally set for Tues 20th July still tbc.....which is a bit near to our Hilly 5 but cant be helped.

Regards

Billy



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If you need to respond to this email please do not reply but contact Billy Green separately

