



ILFORD AC PRESS REPORT - Tuesday April 20th 2021

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Message from Billy Green April 20, 2021 08:49

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This week saw the comeback kid Terry Knightley smash a club record (and it wasn't for record number of different hair cuts) in the Essex sunshine.

Elsewhere the club put in a great show at the Chingford League relays which will be reported on next week when official results come in - At present they are still trying to work out how long it took Sharon Honey to realise her wave had already started before she set off !!

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ilfordathleticclub.co.uk/2021/04/20/ilford-ac-press-report-20th-april-2021/

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately