



Who's Who - ALISON SALE

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Message from Billy Green April 18, 2021 19:22

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

The Who's Who series continues with the lovely and popular ALISON SALE.

Alison came through the club via the Harriers and continues to support it every week. She has spent the last year getting faster and faster, to join the long line of people that I have brought through Harriers that went on to become faster than me (It's a long list!!).

A great read, and some lovely photos.

Remember to send me any questions for the 'follow up' article

ALISON SALE - ilfordathleticclub.co.uk/2021/04/18/alison-sale/

If you need to respond to this email please do not reply but contact Billy Green separately