



Southern Counties Veterans Athletics Club

Subject: Southern Counties Veterans Athletics Club

Message from Billy Green April 2, 2021 21:39

All Club e-mail messages can now be viewed via the Ilford AC web site link at
ilfordathleticclub.co.uk/messages

Please find below communication from SCVAC

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Return to competition soon

Plans are being laid for track and field, road races and cross-country events. Competition dates for the SCVAC Track and Field League have just been posted to the website:
www.scvac.org.uk/fixtures.htm

More fixture details will follow soon after Easter.

2021 Subscriptions and EA Registration

Confirmed members can enter SCVAC and BMAF events.

Please pay your 2021 subscription if you have not already done so, at the reduced fee of £10. Please navigate to the Membership tab of our website for details.
www.scvac.org.uk/membership.htm

Check that your England Athletics registration is up to date, especially if you have recently changed clubs. See the important message on our home page: www.scvac.org.uk/index.htm

Please contact our Membership Secretary if you need any assistance.

Would you like to get involved?

Most of our members are 1st claim members of Athletics Clubs. We would welcome hearing from members who are prepared to act as a "Masters Advocate" within their 1st claim club. The message to share with their club mates is:
All over 35 are welcome to join SCVAC
No minimum standard applies
Compete with athletes in your own age group
Value for money competition



Southern Counties Veterans Athletics Club

Win SCVAC and BMAF medals

Represent SCVAC and your Country

You could set up a WhatsApp group for Masters within your club, to share useful information about upcoming fixtures on road, track and field, cross country and multi terrain/trail. This could become a useful resource which you could share with the wider SCVAC community via the website.

We would also welcome any members who would like to help SCVAC develop improvements in our service to members in any of these areas:

Communications and Marketing

SCVAC website - news, articles etc.

Social Media - Facebook, Twitter, Instagram etc.

We also welcome any members who would like to serve on the SCVAC committee. We are mostly in the older age groups, and would welcome some younger committee members. If you are interested, please contact me or any committee member - our contact details are on the website.

Ted Pepper 10k, May 3rd

To help the Race Management and Results Team set up our SCVAC start wave, the Closing Date for SCVAC entries will be Sunday 24th April.

After this date you will only be able to enter the Open Race, not the SCVAC championship.

Please email Mick Jefferies to advise him when you have entered the Ted Pepper 10k, at his email address: jefferies_478@hotmail.com

(If Mick does not know about your entry, you will not be included in the SCVAC champs or our reserved start wave)

Thanks and Regards

Dave Beattie

SCVAC Secretary

Website: www.scvac.org.uk/



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Make sure that you always get our messages: add beattieruns@blueyonder.co.uk to your contacts.

If you need to respond to this email please do not reply but contact Billy Green separately