## SCVAC and General Ilford AC News

Subject: SCVAC and General Ilford AC News
Message from Billy Green March 29, 2021 12:14
All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Hi all.

Please see a message below from Henry Ricketts re this years SCVAC fixtures.

For anyone who has Whattsapp, there is now a dedicated group which is only for Club updates where only team managers can post.

Please feel free to join on the following link:-

Whattsapp Link:- chat.whatsapp.com/JFtLfNarNSt8fs8ZZiKg0L

I will also try and keep all fixtures amongst all groups together on the following link:-

ILFORD AC FIXTURES :- tinyurl.com/6bv3kyj5

MESSAGE FROM HENRY :-

Hi all

Update about Vets athletics from the League organiser

Match dates for SCVAC - Matches will be held as follows on Mondays starting at 6.30pm ...

Match 1 July 5th at Stevenage SG2 9PB

Match 2 July 26th at Harrow HA3 6SW

provisional subject to any clash ... Match 3 August 23rd at Hemel Hempstead HP2 4JS or Lee

Valley N9 0AR

A slightly amended timetable will be arranged based on last year's Matches . This will be sent out during April .

Men and women have been entered a teams. It would be great to see a few more women athletes trying competitive track and field to bolster the numbers. More details will be sent as they come through.



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Regards		
Henry		

If you need to respond to this email please do not reply but contact Billy Green separately