



## Who's Who - DENNIS BRIGGS

Subject: Who's Who - DENNIS BRIGGS

Message from Billy Green March 21, 2021 18:40

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[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

This week we feature Dennis Briggs, who is very popular within the Road and Cross Country team. Always has a smile on his face and very encouraging to his team mates.

It's fair to say Dennis has made massive improvements since joining the club and is another runner who has many more PB's to come

Enjoy the article and remember to send me questions for the follow up

[ilfordathleticclub.co.uk/2021/03/21/dennis-briggs/](http://ilfordathleticclub.co.uk/2021/03/21/dennis-briggs/)

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately