



Who's Who - SAM RAHMAN

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Message from Billy Green March 14, 2021 18:20

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ilfordathleticclub.co.uk/messages

Who's Who is back with a great interview with SAM RAHMAN.

A very popular member of our Road and Cross Country group, Sam no doubt has many more PB's in his locker to come.

Read the interview at the link below, and please get involved with the follow up by sending me questions for Sam.

ilfordathleticclub.co.uk/2021/03/14/sam-rahman/

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately