



## Who's Who – Carol Muir

Subject: Who's Who – Carol Muir

Message from Billy Green December 22, 2020 11:43

All Club e-mail messages can now be viewed via the Ilford AC web site link at

[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Today's Who's Who features the lovely Carol Muir, a lady who loves to run.

Not sure if I can work out her favourite running event though....see if you can in the attached article!

[ilfordathleticclub.co.uk/2020/12/22/carol-muir/](http://ilfordathleticclub.co.uk/2020/12/22/carol-muir/)

Remember to email me with any follow up questions for Carol.

If you need to respond to this email please do not reply but contact Billy Green separately