

Subject: Who's Who – LES HISLOP Message from Billy Green November 1, 2020 14:34 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

This weeks Who's Who features someone who has been around the club a long time, has put in some great times despite not running seriously until he was 40 (there's hope for me yet) and has many good friends at the club LES HISLOP

ilfordathleticclub.co.uk/2020/11/01/les-hislop/

Remember to send me any follow up questions you may have for Les

If you need to respond to this email please do not reply but contact Billy Green separately