

Subject: Ilford AC Press roundup Message from Billy Green October 11, 2020 19:28 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Attached is a copy of this weeks Ilford AC virtual London Marathon report and a tribute to long standing member Jim McNamee.

Below you can read Sparra's London marathon report and his incredible work for charity:-

www.ilfordrecorder.co.uk/news/ilford-runner-honours-deaf-brother-in-marathon-1-6874740

And the following link takes you to last weeks Press report:-

www.ilfordrecorder.co.uk/sport/ilford-athletics-club-latest-round-up-1-6862222

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately





