

Subject: Race 2 Chelmsford Relays Message from gary floate September 19, 2020 14:31 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Chelmsford have organised an invite only relay event at Writtle University on Saturday 24th and Sunday 25th October. U13, U15, U17 on the Saturday 3x 3000, Sunday U20 and Senior, 4 x 3000. The event has a license and strict social distance rules will apply. We have until Tuesday to enter teams, so if you have any interest in running, please let me know by lunchtime Monday at the latest. Gary

If you need to respond to this email please do not reply but contact gary floate separately