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Subject: Who's Who – Featuring JILL PLATER Message from Bill Green August 28, 2020 15:47 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

This week we have another inspirational lady for you.

A past President and now at the age of 81 she still can be seen out supporting our athletes at Cross-Country.

She has represented Essex and has some very impressive times, many of which were recorded after the age of 45.

Some great photos from the archive too.

Ladies and Gentlemen I present for you..... JILL PLATER

ilfordathleticclub.co.uk/2020/08/28/jill-plater/

Regards

Billy Green

If you need to respond to this email please do not reply but contact Bill Green separately