

Subject: Ilford AC – Club news.

Message from Billy Green August 10, 2020 19:24

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

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Following on from last weeks successful 5k Handicaps, which was featured in the Ilford Recorder, I have put together a little newsletter so that members can find out what is currently happening at the club.

Despite their being no races for the foreseeable future we are working hard to keep activities happening and to keep our members in touch with us and each other whilst operating within all guidelines set by England Athletics.

All training and social activities are available to all members

Newsletter can be found at this link:sway.office.com/UfcxOHsL6FFZ68kr

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately