

Subject: Wot another handicap race Message from gary floate August 3, 2020 09:26 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Guys, as there is still no competition in sight, unless we all fly to Guernsey. Its has been suggested we do another handicap next month. No medals or trophies this time. What are your views on this, do we want the same distance , or 2 miles or 3k. Do we use the same venue.

If you need to respond to this email please do not reply but contact gary floate separately