

5k Club champs Saturday 1st August

Subject: 5k Club champs Saturday 1st August Message from gary floate August 1, 2020 13:13 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Thanks for everyone who turned up today and especially to all the helpers. It was quite difficult to do the handicap this year as nobody has any races to go by. I was pretty close on most people except for Kipchoge Baxter. Hopefully we make it an annual event and feedback on todays race let me know. Results are attached we had a problem in the middle of the field, but with Billys camera, I think we have the correct order now. Thanks again Gary.

If you need to respond to this email please do not reply but contact gary floate separately



1-1st-August-Handicap.docx