



Who's Who - Featuring Seb 'Beardy' Parris.

Subject: Who's Who - Featuring Seb 'Beardy' Parris.

Message from Billy Green July 31, 2020 15:25

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I am pleased to present this week an athlete who not only competes at various disciplines, but annoyingly, is very good at them all - Seb 'Beardy' Parris.

I'm sure you'll enjoy reading it as much as I did:-

ilfordathleticclub.co.uk/2020/07/31/seb-parris/

Remember to send questions in to me for the follow up article

Cheers

Billy

If you need to respond to this email please do not reply but contact Billy Green separately