



Ilford AC Press Report. Friday 17th July 2020

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Message from Billy Green July 17, 2020 11:37

All Club e-mail messages can now be viewed via the Ilford AC web site link at

[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

The 'new normal' continues with another virtual race this week featuring in the press report:-

[ilfordathleticclub.co.uk/2020/07/17/press-report-17th-july-2020/](http://ilfordathleticclub.co.uk/2020/07/17/press-report-17th-july-2020/)

Remember to register your interest with EI President Gary Floate for the clubs 2020 5k Championships in Barking on 1st August.

You cannot just turn up and enter as runners will have to be set off at different times according to ability in order to ensure social distancing.

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If you need to respond to this email please do not reply but contact Billy Green separately