



## Ilford AC Press Report 6th July 2020 (Yes....It's back)

Subject: Ilford AC Press Report 6th July 2020 (Yes....It's back)

Message from Billy Green July 6, 2020 16:43

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[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Well - It's been a remarkable 111 days since my last Press Report, a period that has seen the country in Lock-down with all competition and organised training banned.

Even now as restrictions are slowly lifted we are still restricted to training in groups of 6 individual 'bubbles' and seem nowhere near to actual physical races.

(I know everyone knows this, but in 100 years when people read our archives I don't want them to think that after 10 years of racing every week we suddenly had a 4 month gap when either nothing happened or the Press officer went on sick leave or was sacked!!!).

Although the attached report is of a 'virtual' race, it's a step in the right direction and is a testimony to the club that we can still put out a large squad across all age groups and abilities.

Well done team and let's hope it's not 111 days until my next report.

[ilfordathleticclub.co.uk/2020/07/06/press-report-6th-july-2020/](http://ilfordathleticclub.co.uk/2020/07/06/press-report-6th-july-2020/)

If I have made any mistakes, or if anyone wants a PB mentioned please get back to me before midday tomorrow (Tuesday) when I shall 'attempt' to get this to the Press.

I say 'attempt' as I am not sure if our contact is back off of furlough.

If anyone has any photos they want included, please send them on to me or give me a link from where I can obtain them.

Cheers

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately