



Chelmsford AC Mile of Miles

Subject: Chelmsford AC Mile of Miles

Message from Billy Green July 2, 2020 21:03

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Many of you may have had details of this already but this race is already close to selling out, so if any of you were waiting to finally use your £300 vaporfly%^s that you bought in the new year sales and were waiting for the next big race.....enter now. This race has been granted a license.

The last remaining Essex County event on the track (5,000m) is therefore now cancelled.

Event details are

A series of 1 Mile XC/road races.

Starting at 10.00 a.m. on Sunday August 9th

At Writtle College

6 athletes per race, races starting 5/6 minutes apart

Entry fee is only £3 with surplus going to Writtle Uni chosen charity.

Once entries have closed heats will be organised and each athlete will be emailed their start time and asked/told not to arrive until 1 hour before their start time, and leave the venue as soon as possible after their race. We have been asked to limit the amount of people onsite at any one time.

Entries here

www.chelmsford-athletics.club/lap-o-the-lake

Any queries email rcharleston1@talktalk.net

If you need to respond to this email please do not reply but contact Billy Green separately