

Essex Running Clubs virtual one mile challenge.

Subject: Essex Running Clubs virtual one mile challenge.

Message from Billy Green May 27, 2020 12:12

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Seriously lagging behind other clubs in terms of numbers (see link). It's only a mile – Let's see if we can get a better llford representation. 2 days left to enter and complete the challenge... shorturl.at/pvST7

If you need to respond to this email please do not reply but contact Billy Green separately