Who's Who - Ian Gains



Subject: Who's Who - Ian Gains

Message from Billy Green May 1, 2020 10:29

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ilfordathleticclub.co.uk/messages

A great Who's Who for you all this week.

Anyone who has ever been down the track will know Ian Gains and how loved and respected he is amongst us all, not just his athletes.

lan seems to have been around the club forever so an interesting read and a couple of great photos.

Get those questions in to me for a follow-up

IAN GAINS WHO'S WHO - ilfordathleticclub.co.uk/2020/05/01/ian-gains/

If you need to respond to this email please do not reply but contact Billy Green separately