

South East England Schools XC

Sunday 1st March

Representing his school, Coopers, Jak Wright ran in the u19s race in the South East England Schools XC at Harrow School.

Over the testing 7k course, complete with mud, trail, water and hills, Jak managed to finish 8th in a time of 27:56.

Jak started conservatively with the chasing pack, before making the decisive move with a mile to go to close down some runners in front with a strong finish.

Jak feels this is a good indicator of his fitness for the impending championship races to close his XC season.

