



London University Championships

Having recently completed her A levels, Jordan Hinds is now attending Queen Mary University, the university has active athletic team and she has recently competed twice in the London Universities Cross Country League.

However this weekend she took a break from the mud to compete indoors in the London Universities championships. There was a big field for an indoor race for the ladies 800m championship and in only her second race ever indoors Jordan took the Bronze medal in an indoor pb time of 2.33.69.

British Cross Challenge including the European Trials

Ilfords Ahmed Abdulle competed at these trials held at Sefton Park Liverpool.

Ahmed found the going hard on this muddy and demanding course and had to settle for 70th place in 33:45 some 3 minutes behind the winner Ben Connor of Derby but placed 27th in the u/23 category