



### **Wright sparkles in the London Mini Marathon**

Ilford AC youngsters continued their good early season performances by all running best times in the Mini Marathon 3 Mile race on Sunday. The course is the last 3 miles of the marathon course and a great experience for the young athletes. First up was the U15 Boys, where Ilford had 4 representatives, competing for their various London Boroughs

First home for Ilford was Aaron Samuels, who came 8th position, in a high quality field. Aaron was with the leaders for the first part of the race but struggles in last mile, but still ran a big personal best of 16:24. Best performance of the day from an Ilford athlete was Jak Wright. Jak gets better with every race and ran an outstanding performance to run 16:41 and finished in 12th, against some of the best runners in the UK

Farris Patel, running a distance that is a bit too far for his liking, ran an even paced race and came a very credible 30th, in a PB of 17:22.

Bradley Deacon gets better with every race and shows how much he has come on in last few months by running 17:59 and coming 52nd in a field of nearly 200

In the U13s race Ilford had 2 athletes. First home for Ilford AC was Matthew Hick. Matthew went off very well and worked through the field to come an outstanding 28th position in a best performance of 18:21. Competing in his first Mini Marathon, Ryan Holeyman, who had just joined the club ran a very credible race and came 131st in 20.50.

Last but not least and running her final Mini Marathon was Jordan Hinds. Jordan is coming back to form and ran a great race to run 19:41 to come 28th position

