



## **Victoria Park HM**

*Friday 30th March*

1,000 runners lined up for the Half Marathon in Hackneys Victoria Park on Good Friday including two runners from Ilford AC.

Although the course was pretty flat and the rain held off, the race consisted of 6 and a half laps of the park with some pretty tight turns so PB's were always going to be difficult. Declan Cullen, returning from injury, started the race optimistically but soon slowed down and settled in to an 8 minute pace which he managed to maintain despite his injury flaring up again in the last 5 miles. Declan finished in a time of 1:41:26 for 187th place and first in his age category.

Second home for Ilford AC was Anna Crawley who ran a more relaxed race supporting her friend around in her first Half Marathon.

Anna finished in a time of 2:02:14 to finish 500th on the day.



## Ilford AC Press Report, 2nd April 2018







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