

Chingford League 8km Road Race Victoria Park Hackney Saturday 14 February 2015

The last round of this winter's Chingford League was held last Saturday on a fast flat course in East London's famous Victoria Park on what was otherwise a quiet weekend for Essex and East London Road Running.

The 8km race was held over 2 laps and Ilford AC fielded three 'guest' competitors in the large field of 252. Leading the way for the club was Kieran McKenna in 108th spot with 31m 08secs, while Rob Sargent recorded 38m 23s in 210th. The fast improving Doris Gaga was again in fine form crossing the line 232nd with 41m 53s.