



## Attention Press Report IlfordAC 19/08/2014

### Havering Aquathon

17th August 2014

On Sunday 17th August Nine Times Essex County Road Running Champion, Terry Knightley and Club photographer Kim the blur Baxter made their debuts in Upminster at the Havering 90 Joggers and Havering Triathlon Club AQUATHLON, which consisted of a 400 metre pool swim followed by a 5 Kilometre multi-terrain run around local rutted farmers fields and Thames Chase Trails.

Terry finished in 37th Position overall from 63 finishers in a total time, including transition, for the event of 36 minutes and 34 seconds and Kim finished in 61st Place in 52 minutes and 17 seconds.