



## SCVAC – Lee Valley 28/04/2014

The Vets team travelled to Lee Valley for the first of a four match series on Monday 28 April.

Solid performances all round saw the team finishing third on the evening.

Mike Horsey debuting in the new 35+ category finished sixth in 14.6s over 100m. He also competed as a non-scorer in the 1500m crossing the line in 5.06.8.

Henry Ricketts finished fourth in the 40+ category over 100m in 13.3s. He also placed fourth in the 35+ shot with 8m exactly, third in the 35+ long jump with 4m 56 and fourth in the javelin with 29m 05.

Pete Whiting competing in the 50+ sprint finished fifth with 15.1s. His long jump of 3m 52 also placed him fifth. Seventh place was secured in the shot and javelin with 7m 75 and 22m 16 respectively.

Kevin Newell covered the 400m in the 35 age group finishing sixth in 66.9s. He achieved a time of 4.50.3 in the 1500m finishing eight overall in a combined race with the 40+ age group.

Stephen Philcox ran the 40 plus long sprint finishing fourth in 63.2s. He also finished fourth overall in the 1500m in 4.44.5.

Neil Crisp 'volunteered' for the 50 plus 400m obtaining a time of 67.5s to finish fifth. In his preferred distance of 1500m he finished fifth overall with a time of 5.21.7 in a combined race with the 60 plus athletes.

David Butler ran the long sprint finishing second in the 60 plus category in 66.3s. A tough battle in the combined 1500m saw him finish fourth overall in 4.41.7. Dave also competed in the long jump finishing fourth.

Performances of the evening were the first places secured by the walkers Stuart Bennett and Francisco Reis in the 35+ and 50+ in the times of 10.45.2 and 9.24.5 respectively.

The 4x100m relay team of Stephen Philcox, Henry Ricketts, Mike Horsey and Kevin Newell brought the baton home in fourth.

Big thank you to Claire Levey for officiating and to some bloke in the bushes who was supporting IAC.



SCVAC – Lee Valley 28/04/2014

Report by Henry Ricketts – in third person mode.

The team move on to match 2 on 19 May again at Lee Valley