



Ilford AC Walking Section Report 22/04/2014

ILFORD AC WALKERS TO THE FORE

Ilford's walkers were in action at the Lee Valley Stadium track on Easter Monday afternoon where they contested a 5,000 metres walk in pleasant conditions. From the "off" local youth prospect and favourite Callum Wilkinson of Enfield & Harringey AC, the host Club, took the lead and was never to be headed as he broke the tape in 24 minutes and 3 seconds. However he was always closely tracked by experienced Ilford protagonist Francisco Reis who clocked 24.20 for an excellent 2nd place and was already ready to pounce had the youngster's pace flagged. An Ilford athlete had the honour of completing the frame as Pete Ryan claimed 3rd in 26.22 after holding back a determined challenge from Barnet's Steve Allen. The pick of Ilford's other contestants was former Scottish International Stuart Bennett who'd arrived home from holiday after an overnight flight at 4am and grabbed a few hours "shuteye" before heading to the action where he finished 7th in 28.35. Issued by Ilford AC Walking Section (01708-377382)