



## Ilford AC Press Report – SCVAC Match 2

### SCVAC Match 2

The Vets team took to the track and field for match 2 on Monday 20 May at Lee Valley.

Malcolm Muir and Stephen Philcox pushed each other all the way in the 800m to place third and first in A and B string in times of 2.13.9 and 2.14.6 respectively, with Stephen gaining a new PB.

David Butler covered the 50+ category to come home second in 2.26.7 and John Batchelor in the 60+ age group also finished second in 2.48.0.

The 200m was covered by Henry Ricketts and Malcolm as A and B string where they placed sixth and fifth in 27.3 and 28.6 respectively.

Edward Skinner placed fifth in 30.5 in the 50+ age group and John Batchelor fifth in 34.0 in the 60+ athletes.

The 3000m was dominated by Ilford with Malcolm and Stephen placing first in A and B string in 9.26.1 and 9.45.6 with Stephen recording another PB.

David Butler completed the clean sweep of first places in the 50+ category in 9.59.2.

The non-scoring athletes of Kevin Wotton 10.19.4, Kevin Newell 10.24.0, Neil Crisp 11.02.6, Edward Skinner 12.24.4 and Rob Sargent 13.10.0 completed the sea of Ilford colours.

In the field events Wesley Clarke launched the hammer 40m 25 for second place A string. Peter Whiting's effort of 21m 15 secured third place in the 50+ age.

The 4 x 400 relay team of Henry, Kevin W, Stephen and Malcolm brought the baton home in 4.11.6 for fourth place.

The team finished fourth on the evening an agonising 2 points behind Herts Phoenix caused by an error in not getting an athlete to compete in the 110 hurdles.

Breege Nordin competed as a guest in the Ladies match covering the 200m in 36.9 and the 3000m in 12.27.0. The times would have placed her fourth and second as a scoring athlete.

Thanks to Claire Levey who officiated with track timings.



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Results are on power 10.

The next match is Monday 10 June at Lee Valley

Report Courtesy of Henry Ricketts