



Peter Clinch





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Name: Peter Clinch

Born: December 1971

Date Joined IAC: September 1987

Personal Bests:

Track :

100m 12.2(1988)

200m 25.1 (1988)

400m 51.2 (relay)

600m 83.3(1999)

800m 1.55.5 (1999)

1500m 4.03.3 (1997)



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3000m 9.07

5000 15.56 (1997)

3000m steeplechase. 9.55.1 (2003),

Road:

5k 16.55 Barking Park 1990

10k 33.07 (Battersea Park London Colleges League, 1992. This was almost certainly a short course but I'm taking it.

Half Marathon 1 hour 54 mins Yellow Advertiser 1985

Representative Honours: None. Boo hoo.

Most Satisfying Performances: 800m. My PB beating Wayne Hick's by 0.1 seconds

My Biggest Disappointment: Not getting under 44 secs for 400m. Not running faster over 800 -and being serious for just a moment, probably should have done so (the latter).

Typical Weeks Training: Was is training?

Favourite Sessions: As a senior, something like 6 x 400 with 2 and a half mins recovery, as vet 6 x Stella Artois with V+R recoveries.

Who is your Greatest Rival: General apathy and numerous personal demons

How would you improve the sport of Athletics: Ban football

Favourite Car: Austin A30

Favourite Athlete or Sportsperson: John Platt

What other sports do you follow: Athletics and mud wrestling

Best Country Visited: Cornwall.



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Favourite Food and Drink: Chips with Gravy

Favourite TV Shows: Ben 10 is rather imaginative

Last Film Seen: Harry Potter and the Prisoner of Azkaban

Last Book Read: The Gruffalo

Favourite Singer/Band: Craig Burrow

Last Album Bought: Can't remember. Refer to favourite Vet training session above.

Last Concert Attended: The Stranglers; Shepherd's Bush

Do you have any Pets: Memories of a former cat.

With you going on first leg, who else would be in your dream 4 x 400m team:

Ooh now that's a toughie, something like: Me, handing on to Pierre Le Clinche, who in turn hands to Pedro Crunch with P Clinchmeister bringing the baton home. 2:58.9. Sorted