



The End of the Pier Show (For Ilford AC Walkers)

Well done to Estuary-based members Olly Browne & Steve Allen who, together with local unattached walker Sheila Fitzpatrick, set a new distance record for the annual Southend-on-Sea Pier charity walk on Easter Sunday. The previous record of 18 miles (held by Olly) was smashed as the hardy trio completed 23-and-a-half miles in conditions which saw biting cold winds along the exposed structure. Well done, and it's all good mileage for their future 2013 distance endeavours....and all for a good cause to boot! One for the far distance : The annual race for the George Woods Memorial Trophy is set for Tuesday 27th August at Ashtons Track...a track 3,000 metres in the Woodford Tuesday Walk Series (final race of their 2014 Ashtons programme). This trophy goes to the first Essex-resident Centurion. All WTW races for this series commence 8.30pm. Congratulations to Olympian Neringa Aidietyte who came 5th in a top class 20K in Olomouc (Czech Republic) clocking 1.35.34. Well done from us all!
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