



## **WHIFF OF SUCCESS**

Ilford AC sent a strong squad to Lee Valley on a mild Saturday afternoon where they contested the 86th Annual Enfield Open 7 Miles Walk, along an “out-and-back” course beside a canal, which was completed 3 times. The course took its 63 participants alongside a large large Sewage Works Works, and what little breeze there was unfortunately blew in the walkers’ direction! With 3 noted International, led by London Olympian Dominic King (Colchester Harriers) easily filling the frame, a serious race was on for 4th spot – which was claimed by FRANCISCO REIS, a former winner of this long established race, in 57 minutes and 46 seconds. He was well backed up by Captain STEVE UTTLEY who because of injury only decided to appear at the proverbial eleventh hour. He took it slightly easier and his fitness held up as he finished 7th in 59.39. Ilford’s team were closed in by another former event winner, PETE RYAN, who clocked 62.31 for 11th spot. This enabled the Cricklefields-based Club to retain their team trophy. Among Ilford’s 10 strong representation praise is due to STEVE ALLEN, who returned to domestic athletics after his recent 100 Miles success and super-fit veteran ALAN O’RAWE, who were 21st and 31st clocking 67.57 and 71.02 respectively.

Issued by Ilford AC Walking Section (01708-377382)