



# ILFORD ATHLETIC CLUB

## COMMITTEE MEETING MINUTES

**Held at 5 Second Ave on 29th January 2015**

1. **Attendance** Andy Catton, Gerry Pells, Gary Floate, Martin Clarke, Sukhbindar Jandhu, Dianne Crisp.
2. **Apologies** Wes Clarke, Ernie Forsyth and Jeffrey Nkrumah did not attend
3. Previous minutes agreed.
4. **Jack Petchey administrator** – Tom Gardner has been asked but is concentrating on coaching **Action AC. Leave on Agenda.**
5. **Parents meeting workshop** –. Just keep on agenda AC has spoken to Karen Stephanou she is finishing in March as we are being switched to London region. New EA Club Support Guy Spencer to be introduced to us soon. **Action AC**
6. **Coaching** – Bill green has been on his course and is now coaching at the track on Tuesdays. Robin Davis has completed his Running Leadership course to and is helping at the track and Harriers. Tom & Krystle haven't been on their course yet as it was cancelled. Emmanuel Aossi is helping out with Jeffrey and is now a member. He will sort out a course with SJ. He has been helping regularly. Another Coaches meeting is to be arranged soon. **Action SJ**
7. **Rascals** – Some of the Rascals are now being coached By Ian Gains.  
In conjunction with Craigee-Lee and Natalie from Vision, Tom, Krystle and Jack will help run a Rascals course for a month starting 28<sup>th</sup> February 10.45am at the Issac Newton sports Hall maximum of 24. Charge is £25 for the whole course. AC to send pdf of advert to keep with these minutes. **Action AC**
8. **Coaching Manuals** - AC has made several attempts to contact MW regarding the 365 Coaching Manual. AC to ask JN if he still needs them – suggestion to purchase some new ones if needed. No contact from MW or JN about this – remove from agenda.
9. **Trophies** : 3 more found ☺ Ac to circulate an email note around to see if anyone has any others. **Action AC / MC**

### 10. Membership

#### 10.1 New Members

1 New member - Emmanuel Aossi D.O.B.10.11.89

#### 10.2 Leavers

Callum Ferris, Jessica Ferris, James Roberts, Sophie Ross, Max Ross, Yugesh Sundharam, Taiwo Ademola, Kehinde Ademola, Olivia Thomas, Mia Thomas

#### 10.3 Write offs

GF has have written off the following as they have either left or their coach has confirmed they have not been seen for sometime or after being asked they haven't paid;

Akintayo Akinwunm, Philip Barnard, Alex Richards, John O'sullivan, Enriame Melin, Amin Koikai, Joshua Iyen, Darren Botterill, Paul Charters, Annalize Butler, Adeyemi Awoyemi, Omar Sharef, Becky Chappell, John Brooks, Mick Webb.  
Ray Rawlinson & Peter Clinch haven't paid but to be left on for now.

#### **10.4 UKA Fee**

UKA members should be paid for when they join GF was doing this in bulk but Emmanuel Accosi has been denied a place to run Essex Champs as money not paid to UKA.

UKA have decided that the Athlete registration is to increase to £12 wef from 1st April 2015. Agreed that subs will be increased accordingly next year.

#### **10.5 Electronic Membership**

Next Secretary;

Online payment was discussed. SJ said that Barking Road Runners use an online system so may be worth asking them for information. If membership is done online it still requires someone to organise. Email to be sent to membership showing what the job involves and reminding them of GF's resignation from the post. **ACTION AC GF MC**

#### **11. Southern League**

We have the dates on the website 25<sup>th</sup> April Braintree, 31 may Colchester, 20 June Watford, 4<sup>th</sup> July Parliament Hill, August 15th Hemel Hempsted.

Jeffrey has all the dates. Gary will circulate again soon. **ACTION GF**

#### **12.Vets Track Champs**

Fixtures are 27<sup>th</sup> April Lee Valley, 18<sup>th</sup> May Stevenage, 15<sup>th</sup> June Allianze stadium (formerly Cophall,) 13th July Hemel Hempsted. Henri has circulated these dates and they are on the website.

#### **13. Road & Cross Country.**

The 10 mile Cross Country Open Race will be held on the 28<sup>th</sup> February. AC cannot organise in December but there is a demand to hold it then. It will be entries on the day £5 donation. This will be kept as club champs and not a properly organised race. Hopefully some sort of provision for St John's or a First Aider will be available on the day. MC will book for next December and keep to it 19th? If that is a free weekend. **ACTION AC MC DATE**

**13.1 VLM** - everyone has got their acknowledgements, 8 places all going ahead. Robert is in charge of water station 19.

**13.2 Newman Hilly 5** - Provisional date 15<sup>th</sup> July. This is the 25 anniversary, tee shirts to be organised to commemorate. Matt Yates may come and give out the prizes on the night. Nicola Hopkinson to be asked to do the entries. Maypole may be ok to host the presentation AC & GP to investigate. **ACTION AC GF MC**

#### **13.3 Elvis**

The meeting has been arranged for the 9<sup>th</sup> February.



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### 13.4 Fixture List & Summer trophy

What are the races? Has Malcolm organised? When will the Club Road Championships take place? And can we have notice this year please. The fixtures need to be discussed and whether we are going to still going to have points for a Summer trophy? As this was initiated to get members to target the same races and provide points for the VLM. It was noted that the Essex Way wasn't on this list, as we won this last year MC thought we would be defending our title this year. AC is the Road & Cross country secretary at present. Proposal for some races have come from Rob Sargent that he discussed with AC that have been sent to his group. Rob is willing to be the next road & country secretary. Fixture meeting needs to be arranged. **ACTION AC**

### 13.5 Chip timing

MC is involved with Graham Knott at Harwich, who has developed his own chip timing. The chip is attached to the athletes' race number and something that may be available for IAC and other ELVIS Clubs to use for the Elvis 2016.

### 14 Media & Pub

Website renewal is due up March MC to invoice WC. **ACTION MC**

### 15.Track Portacabin – GP & Les Hislop

Gerry still waiting for Keys, GF to get a set cut for them. Ideally they would need to be able to access Green Lane entrance with a workman to look at what needs mending. Then an estimate can be obtained. Marion gave her keys to Michael Croft as he is now making the tea on a Tuesday evening. A collection for Marion is being arranged. **Action GF, GP & Les Hislop**

**16. Social – Curry Night December 2014, 15 or 16 people attended the spoon and 6 went on to the curry house. Reported as a worthwhile evening. Another social evening will be booked in March 2015 in the city or Ilford **ACTION GP & AC.****

**16.1 Presidents evening - 1<sup>st</sup> May** is booked at the Met Police club Chigwell row. Cost will be £39.50 which maybe discounted for members and for early booking. GP to organise forms, and publicity of the evening, plans to include an auction, competition etc. DC to check availability of Bob Staines. **ACTION GP**

**17.Newton academy –** Ian Gains has been in contact with head of PE. Hiring is taking place for the rascals. Carry forward.

**18.Track work –** resurfacing finished but no lines painted. Lines and markings round entire track need re-painting. AC to contact Vision again. The track is being cleaned regularly now. **Action AC**

**19.Finance report –** as submitted by WC. Has Car parking donation £30 been paid to the Guides for use of their car park for the Essex Vets? **Action WC**

**19.1.Reinstated the £40 a month for use of the Ilford Sports Club facilities.**

**20.Sportivate Award** - The grant has been given to the club for Ian Gains to work with Seven Kings and Canon Palmer. Ian will need to invoice WC for his expenses. We need to get 26 students interested in athletics over one year from the two schools.

## **CORRESPONDENCE**

**21. Redbridge Running Partnership** have written to us regarding a meeting between local clubs, ELR, Sikhs in the city, Woodford and IAC have been invited. Neil Crisp & Billy Green are to attend the first meeting on Weds 29<sup>th</sup> October. Next meeting is arranged for a date in February Rob Sargent will attend.

**21.1 Redbridge sports fair** - happened at Redbridge College to raise the IAC profile. Stuart Bennett and & Ian Gains attended and gave out information.

## **22. A.O.B**

**22.1 Promotional glossy catalogues** - MC showed the meeting some Promotional glossy catalogues of everything you could need at a running event. These were from Russell at Harwich who owns the company. He is reliable and this may be useful to use for the prizes for the Hilly 5. Catalogues at Dianne's if anyone needs them.

**Date of next meeting.**

**AGM Thursday 19<sup>th</sup> March Ilford sports club hall 8pm.**