



Ilford Athletic Club

Committee Meeting Minutes at Cricklefields 18th OCTOBER 2016

	Notes	Action
Item		
1.	In Attendance: Gary Floate, Robin Davis, Martin Clarke, Neil Crisp, Nicola Hopkinson. Andy Catton, Wes Clarke, Ernie Forsyth. Dianne Crisp,	
2.	Apologies: Wayne Hick	
3.	Previous Minutes - 20th September 2016 minutes signed as a correct version.	
4.	<p>Coaching –</p> <p>Coaches are needed for the Young Athletes an ongoing challenge.</p> <p>Track champs for YA went well.</p> <p>Agreed for Neil Johnstone to invoice IAC for his coaching course. IAC will then reclaim from Vision.</p>	
5.	<p>Membership and Subscription</p> <p>No Leavers</p> <p>EA subs is increasing we will raise subs to £54 including EA Registration from April 1st 2017. We will circulate this information after Christmas.</p> <p>NC will do notices for Chigwell Row and the Track.</p>	<p>ACTION NH</p> <p>ACTION NC</p>
6.	New Members — No new members	

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7.	<p>Southern League</p> <p>AC has contacted Chris & Pete Higgins about helping at a home fixture, awaiting a reply. GF has also contacted Clair Filmer if we let her know the date early enough she will help out.</p> <p>GF has a top scorer trophy for the Southern League this season which was presented to Jordan.</p> <p>AC will circulate details of upcoming Coaching courses. NH expressed an interest in taking an Officials Course.</p>	<p>ACTION AC</p> <p>ACTION AC/ NH</p>
8.	<p>Road & Cross Country</p> <p>London Champs clashes with the Essex League which is a club target race. Seniors from Ian Gains group that wish to run will have to enter themselves.</p> <p>List of Club target races still to go on web site</p> <p>NC will email Rob Sargent about the club Fixture list if any issues arise AC will email.</p>	<p>ACTION NC</p> <p>ACTION MC</p> <p>ACTION NC /AC</p>
9.	<p>Race Organisation:</p> <p>The 10 mile Race is taking place on 27th December</p> <p>Online entries are now open only 4 entries so far.</p> <p>Cut off time to be put on the entry form this year of 1:5 hours before starting the last lap. 2 Hours for the whole race and then we will recall the Marshalls.</p> <p>EF will help out at this event.</p> <p>YA are to do one lap as their Club Champs. WH & GF are hoping this will incorporate a YA Mob Match with Orion. GF is liaising with Ian Wilson who now coaches at Orion.</p> <p>Can we purchase some more plastic yellow flags.</p> <p>Teas will be on the plain. Volunteers are needed for the timing, recording, marshalling and refreshments.</p> <p>Elvis presentation went well although not many from Ilford attended. End of series meeting will take place in November date TBA. Set up meeting for 2017 Elvis series will be set for February. Both AC and MC to attend Elvis November meeting IAC are in charge for 10th anniversary of Elvis next year. Help will therefore be required on the Organisation side.</p>	<p>ACTION NH & AC</p> <p>ACTION RD & MC</p>

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10	<p>Media & Publicity</p> <p>There are two email lists. An ALL Member lists and a NEWS list. If new members wish to be put on the NEWS list they need to let MC know.</p> <p>NH to update the ALL list.</p> <p>Sam Malekout has produced an instagram for the Southern League Members and asked NH for a club email list. Agreed that NH should NOT provide a list and the instagram group should just be for SL members and not the whole Club. Also Billy needs to be told about this please</p>	<p>ACTION All Coaches</p> <p>ACTION NH</p> <p>ACTION NH & or MC</p>
11	<p>Chigwell Row Portacabin</p> <p>Extractor needs replacing in the ladies. MC to look at purchase of new extractor fan for Ladies changing room</p> <p>Also the water is boiling hot MC kindly offered to look at the temperature settings next time he is there.</p>	<p>ACTION MC</p> <p>ACTION MC</p>
12	<p>Social — YA presentation 30th Sept went very well.</p> <p>RD attended the function on behalf of IAC at the Ilford Sports Club which went well.</p> <p>DC has a voucher for 10 Paintball places at Upminster, which was a raffle prize at the Final Elvis 5KM, WH is interested in having these as a Christmas outing for his group, participants have to be over 10 years old. DC to pass voucher to WH.</p> <p>Christmas Meal is taking place on 9th December. Carol is organising.</p>	

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13	<p>Finance Report – as submitted by WC.</p> <p>WC circulated his report before the meeting and reported on recent accounts.</p> <p>WC needs to pay the Hilly 5 donation to St Francis Hospice.</p>	ACTION WC
14	<p>Correspondence—</p> <p>Essex Network require £25 which has been paid.</p> <p>Essex County AA committee minutes of 3rd Oct have been received by AC plus the notice of ECAA AGM on 5th Dec.</p> <p>IAC Kit will be available from Prokit, 10a the Old brickworks, Church Road, Harold Wood, RM3 0HU. Members will be able to order at the shop or online once set up. NC has visited Richard Swile at the shop and is waiting for him to confirm this has been done. NC is still waiting for final confirmation and will notify by email once up and running.</p> <p>MC received request from Karen Sindall to approach 10 athletes to volunteer as guineapigs for her Sports Science degree project. this will involve one evening at Cricklefields and a 5k parkrun. Agreed by committee and action point for MC to write acceptance reply on behalf of committee.</p>	<p>ACTION NC</p> <p>ACTION MC</p>
15	<p>AOB -</p> <p>WH has been put in contact with Darren Trippick.</p> <p>AC and RD have met with Rob Sargent to discuss his overall remit and cycle circuit hire which was agreed to be paid.</p> <p>AC has had an acknowledgement from EA about his letter. Full details of acknowledgment in appendix A</p> <p>RD asked about First Aid facilities at the Track and Chigwell Row. There is a first aid kit and accident book in the hut at Chigwell Row. Finn from Vision is First Aid trained at the Track the medical kit is in the office. Coaches should contact the Vision Member of Staff if any incidents occur. AC will also print out Accident forms and pass to all Coaches.</p>	ACTION AC
	<p style="text-align: center;">The meeting closed at 21.40</p> <p style="text-align: center;">Date of next meeting</p> <p style="text-align: center;">Tuesday 15th November 8pm</p> <p style="text-align: center;">@ Cricklefields</p>	<p>DC to book 3rd Tuesdays at Ilford Sports Club for 2017</p>