



Ilford Athletic Club

Committee Meeting Minutes at Cricklefields 15th NOVEMBER 2016

	Notes	Action
Item		
1.	In Attendance: Wayne Hick, Robin Davis, Martin Clarke, Neil Crisp, Nicola Hopkinson. Andy Catton, Wes Clarke, Ernie Forsyth. Dianne Crisp,	
2.	Apologies: Gary Floate,	
3.	Previous Minutes - 18th October 2016 minutes signed as a correct version.	
4.	<p>Coaching –</p> <p>Not much to report, numbers have dropped off slightly with the youngsters, but it is still unmanageable and we really need more coaches asap. (GF By email.)</p> <p>NC has had a new DBS. As has Steve Cheal , Stuart Bennett & Martin Clarke.</p> <p>Neil Johnstone course is being paid for by Vision.</p>	
5.	<p>Membership and Subscription</p> <p>A hardship case was discussed at committee for two athletes. EF has spoken to them both. They are both keen to run for the club. Committee agreed to waive their subs fee and the club will pay their UKA fee. NH to register them from now and this will be reviewed at the next Subscription time.</p> <p>NC will do notices for Chigwell Row and the Track.</p>	<p style="color: red;">ACTION NH</p> <p style="color: red;">ACTION NC</p>
6.	New Members — none	

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7.	<p>Southern League</p> <p>2017 fixtures are now out</p> <p>Saturday 15th April</p> <p>LEE VALLEY N9 0AR Harl VPTH C&T Hunt ... E&H IIf</p> <p>PARLIAMENT HILL NW5 1QR High Loug StA WG ... MCh B&D</p> <p>WATFORD WD5 7HH Wat Pet Lut Orion ...VoA Chil</p> <p>Braintree (CM7 1FF) Brain .. Bigg Bas WSuff N&EB ... WNorf – or possibly on April 22nd at Braintree</p> <p>Saturday 20th May</p> <p>BURY ST EDMUNDS IP33 3TT WSuff Wat Loug Hunt ... WNorf Brain</p> <p>ST ALBANS AL1 2DJ StA Lut Bigg Harl ... Chil MCh</p> <p>WOODFORD IG8 8AA WG Orion NEB C&T ... B&D IIf</p> <p>Sunday 21st May</p> <p>MILE END E14 7TW VPTH Pet Bas High ... E&H VoA</p> <p>Saturday 17th June</p> <p>BURY ST EDMUNDS IP33 3TT WSuff VPTH Lut WG ... WNorf IIf</p> <p>LEE VALLEY N9 0AR Loug NEB Pet Harl ... E&H MCh</p> <p>Braintree (CM7 1FF) Brain .. Wat High C&T Bigg ... B&D</p> <p>ST ALBANS AL1 2DJ StA Bas Orion Hunt ... VoA Chil</p> <p>Saturday 8th July</p> <p>MILE END E14 7TW VPTH Loug Bigg Orion ... MCh IIf</p> <p>LEE VALLEY N9 0AR E&H .. StA WSuff Pet C&T ... MCh</p> <p>WATFORD WD5 7HH Wat WG Bas Harl ... VoA Brain</p> <p>LUTON LU1 5NY Hunt Lut High NEB ... Chil WNorf</p> <p>Saturday 19th August</p> <p>PETERBOROUGH PE1 5BW Pet Hunt Bigg WG ... WNorf VoA</p> <p>WATFORD WD25 7HH Wat NEB StA VPTH ... E&H Chil</p> <p>PARLIAMENT HILL NW5 11QR High Harl Orion WSuff ... B&D MCh</p> <p>COLCHESTER CO2 7SZ C&T Bas Loug Lut ... Brain IIf</p> <p>There are a couple of longer journeys than last year, so we may have to look at transport for matches 3 and 5</p> <p>(From GF by email.)</p> <p>Committee will look at Transport as the need arises</p>	

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8	<p>Road & Cross Country</p> <p>Target Fixtures are on the website. Essex vets & Young Athletes has been entered and paid for.</p> <p>Southerns. Entries to be sent off soon. Essex champs is on 7th January at Claybury - to be dealt with.</p> <p>Rob Sargent is still not promoting 2 IAC target races in Warrior Up - the race for Kev and the Essex Relays. EF volunteered to speak to Rob about it.</p>	<p>ACTION NC</p> <p>ACTION EF</p>
9	<p>Race Organisation:</p> <p>Elvis meeting next Thursday 17th November. MC to attend.</p> <p>10 mile for Kevin,</p> <p>Tea and cakes will be available on the plain using our generator.</p> <p>Can Satha be asked to cover first aid. Helpers and cake donations will be asked for from 1/12/16.</p>	<p>ACTION MC /RD</p>
10	<p>Media & Publicity</p> <p>Club emails some Virgin Media email addresses are being rejected but MC is managing this. Thank you.</p> <p>Elvis website will cost £150 so it was agreed that MC will suggest at the Elvis meeting that Elvis info etc is hosted via the IAC site as this will cost under £10.</p>	<p>ACTION MC</p>
11	<p>Chigwell Row Portacabin</p> <p>Extractor fan in the ladies has been replaced—thank you MC. Also MC has kindly sorted out the temperature settings.</p> <p>The heating and hot water is set so that it shouldn't need changing.</p> <p>Fungicide paint is required in the ladies.</p>	
12	<p>Social — 26 people are attending the Christmas Meal on the 9th December.</p> <p>The young Athletes are going bowling for their Christmas outing.</p>	

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13	<p>Finance Report – as submitted by WC.</p> <p>WC circulated his report before the meeting and reported on recent accounts.</p>	
14	<p>Correspondence—</p> <p>AC has details of the Essex Track & Field Courses in the new year and will circulate.</p> <p>MC to put details on the website.</p> <p>AC has also received the Southern fixture list for Indoor Competition at Lee Valley and cross country events. AC to circulate to all .</p> <p>AC reported that we don't need a track certification for any comp under an Area Championships.</p> <p>MC has contacted Karen Sindall and she will be in touch soon to invite athletes to take part in her research.</p>	<p>ACTION AC</p> <p>ACTION MC</p> <p>ACTION AC</p>
15	<p>AOB -</p> <p>AC will check with Vision if there are any rules for minors being accompanied to the Toilet facilities in the Sports Club and a letter will be drafted to the effect that If there is any issues with any of the Young Athletes can the Staff and George address these to the coaches or IAC Officers.</p> <p>IAC kit is now available at Prokit.</p> <p>EF nominated AC to be Essex President Elect from 2018.</p> <p>First aid. Plasters and antiseptic wipes are needed at Chigwell row. We also need to check if we have an accident book.</p> <p>First Aid at Cricklefields is Visions responsibility and they have First Aid Kits available.</p> <p>Thanks to RD for providing the lifts for the ladies cross country team.</p> <p>RD attended The Enfield 70 Year Anniversary walk and presented the prizes.</p>	<p>ACTION EF & AC</p> <p>ACTION RD</p>
	<p>Date of next meeting</p> <p>Tuesday January 17th 2017 @ 8pm</p> <p>@ Cricklefields</p>	