



Ilford Athletic Club

Committee Meeting Minutes at Cricklefields 12th November 2015

Item	Notes	Action
1.	In Attendance: Nicola Hopkinson, Martin Clarke, Brian Meadows, Ernie Forsyth, Wes Clarke, Andy Catton, Neil Crisp & Dianne Crisp.	
2.	Apologies: Gary Floate, Sukhbindar Jandu, Steve Uttley, Gerry Pells.	
3.	Previous Minutes - Signed as a correct version	
4.	Coaching – U11 "Rascals" free coaching sessions were held over the summer at Cricklefields on Sat mornings. Vision sponsored this event. The session were very successful. AC has been in touch with Vision to continue this in the future.	ACTION AC
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	Email from SJ	
4.1	<i>We have not had a coaches meeting since May which is not ideal. Partly due to the JN situation and partly down to me. Will try and organize one this side of X-mas.</i>	ACTION SJ
	<i>Wayne Hick has completed the Coaching Assistant Course and keen to become a fully qualified coach in 2016. Currently helping out Iain Gains.</i>	
	<i>Regarding those "coaching" on behalf of JN ie Taha, Andre and others, despite requesting I have not received evidence of qualifications. I rang England Athletics and Taha is registered as a member, but no coaching qualifications are shown.</i>	
	<i>Kyrstal & Tom have been invited to a couple of coaches meetings before but have never responded.</i>	
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4.2	Rob Sargent wishes to arrange a couple of sessions at Redbridge Cycle Circuit cost is £20 an hour one in January and one in Feb agreed to funding that. Two sessions to start. AC Action	ACTION AC
4.3	List of coaches on EA site is not up to date. NH to forward list to SJ to update.	ACTION NH & SJ
4.4	We need to check if Taha needs to complete a DBS SJ to action this. If assistant coach level he needs to be working underneath a Senior coach for insurance purposes.	ACTION SJ
4.5	Athletes need to be informed by letter that Assistant Coach is not qualified to coach on his own.	ACTION AC
4.6	Possibility of new sprints coach AC looking into this.	ACTION AC

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5.	<p>Membership and Subscription</p> <p>EA registration is increasing to £13 from April 2016 meeting agreed that IAC will absorb this cost for 2016.</p> <p>We will review the situation next year when a further increase is expected.</p> <p>NH to investigate when the charge is due for registration with UKA Committee can then decide rates and any discounts.</p> <p>Resignations</p> <p>Resignation and change of club for Chloe Chapman. Ian Wilson wishes to be 2nd claim and 1st claim now for Orion. Nathan Meskell has also left to go to Newham.</p>	NH ACTION
5.1	<p>New Members</p> <p>Yusuf Bizimana, Michael Dankwa. Sharon Daughters (Hon), Diane Deacon (Hon), Katie Deacon, Mehdi Ahmed Harun, Wayne Hick (Hon & Coach) Euan James Johnstone, Ronald Kusi.</p>	
6	<p>Southern League</p> <p>Email from GF</p> <p>Southern League is £50 per year, for 5 fixtures. Previously the issue of travelling costs has been raised, and suggested a discussion, but the deadline for league entry was the end of Sept 2015, was before we could get a meeting organised, so I went ahead and entered.</p> <p>Yes I agree we need to look at costs next season, judging by the mail I got the league is going to be split to reduce travelling. Probably won't be a large squad going.</p>	
6.1	<hr style="border: 2px solid blue;"/> <p>Young Athletes Club Track Championships</p> <p>Young Athletes Club Track Championships was a great event held over two evenings. Well done to all involved.</p>	
7	<p>Road & Cross Country</p> <p>Summer trophies is age and gender related just for information now NC to publish. Criteria for vlm and summer races has taken place. We have 8 people interested - we will probably get 6-8 places. NC will distribute these.</p>	ACTION NC
7.1	<p>Bupa 10km 2016—NC will set up an entry criteria for this. Carry forward. Criteria will be set up by NC from now.</p>	ACTION NC

Item	Notes	Action
8	Harriers	
9	Race Organisation As next sections	
9.1	<p>IAC 10 mile Cross Country Champs 28th December.</p> <p>We need to warn the Two Brewers about the races. We need to get first aid Essex Medics booked for the day. Permit and permission from Woodland trust is all agreed.</p> <p>This is a club race and club championships. Sam may want to try to get Kevin out to this race. Sam to organise and contact Kevin's parents.</p> <p>Martin can hire a marquee but we need to organise refreshments etc</p> <p>MC expressed his disappointment that the Warrior up Magazine did nothing to promote the race within the Endurance Group and was omitted from the fixture list contained therein. AC to speak to Rob Sargent.</p> <p>Chigwell Row Portacabin needs to be in good order by the December Race ..toilets & Showers need to be working.</p> <p>Club Medals to be awarded at he 10 mile race—AC thought we were short on Gold Club Medals but will check stocks.</p>	<p>ACTION AC</p> <p>ACTION MC, AC, NH</p> <p>ACTION AC</p> <p>ACTION AC</p> <p>ACTION AC</p>
10	<p>Media & Publicity</p> <p>Website Membership Contacts?</p> <p>Ian Gains and Wayne Hick are now on the website as Senior and Junior contacts. Suki is coaching officer and general track & field coordinator. Coach contacts JN (Jeffrey Nkrumah) and MW (Michael Whitehead) have been removed.</p> <p>Wayne wishes to edit the young athletes page of the website. MC will sort this out with Wayne.</p>	<p>ACTION MC,</p>
11	<p>Chigwell Row Portacabin The Plumber has been in and sorted out the tank. Toilets and showers need to be working properly before the 10 mile race.</p> <p>Proposal to change the locks at Chigwell row. Agreed.</p>	<p>ACTION AC</p>
12	<p>Social</p> <p>CM organised a great night out at Romford Dogs, well attended. Thank you.</p> <p>12.1 Panto Time is booked for interested parties— Alladin at the Queens Theatre Hornchurch on Wednesday 30th December at 7 pm tickets will be 23 -19 pounds.</p> <p>12.2 It was expressed at the meeting is that IAC should do a social for Christmas from next year and also have a presentation evening. Can CM look into this please?</p>	<p>ACTION CM</p>

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13	<p>Finance report – as submitted by WC.</p> <p>WC ran through his report.</p> <p>Race entries are working well online.</p> <p>WC has sent the meter readings to the Gas and Elec companies and is awaiting repayment of the overpayment.</p>	ACTION WC
14	<p>Correspondence— AC has reappraised the coaching situation and information via Email, following the departure of JN.</p>	ACTION AC
15 15.1	<p>AOB</p> <p>GF wants to revitalise the New Zealand Cross Country relay sometime in March.</p> <p>President Elect—AC to approach Candidate</p>	<p>ACTION GF</p> <p>ACTION AC</p>
	<p>The meeting closed at 22:20.</p> <p>Date of next meeting</p> <p>Tuesday 15th December 8pm @ Cricklefields</p> <p>(Third Tuesday each month there after agreed.)</p>	