



## Young Athletes Report 2nd February

### **South of England Cross Country Championships**

Parliament Hill Fields

Saturday 30 January

Ilford AC's young athletes section continued its resurgence with another excellent turnout in the South of England Cross Country Championships held last Saturday at Parliament Hill Fields, the traditional home of English Cross Country. For some this was to be their toughest test to date with the course's infamous hills and strength sapping mud as ever in abundance. Opening the Ilford account were four boys competing in the U13 event, an age group in which the Club has not fielded a team for some years. Leading the team home was Farris Patel in a creditable 59th place. He was backed up by Matthew Hick in 147th, Bradley Deacon in 166th, and Euan Johnstone in 260th. In the u/15 girls race Jordan Hinds finished 156th with training partner Isabella Hick in 231st. Jack Halil competing in the u15 boys unfortunately turned his ankle on the muddy course but ran on gamely to finish in 270th place. The u/17 boys found the course hard going with Usamah Patel who was carrying a knee injury pulling out and Ahmed Abdulec who did not feel too well had to settle for 30th place.

### **LONDON MINI MARATHON TRIALS BARKING & DAGENHAM**

Three Ilford youngsters Bradley Deacon 1st u/13 boys Euan Johnstone 3rd u/13 boys & Katie Deacon have been selected to represent the borough team in the Finals