



Halstead Marathon (including Essex County Championship) -12th May 2013

HALSTEAD MARATHON (including ESSEX COUNTY CHAMPIONSHIP)

Ilford AC bring home Gold, Silver and Bronze at the Essex County Marathon Championships

On Sunday 12th May three Ilford AC men bravely took on the challenge of the 19th Halstead And Essex Marathon in bright, but windy conditions. In what is described as the UK's most picturesque Marathon they came home with some pretty outstanding results.[shashin type="album" id="117" size="large" crop="n" columns="max" caption="y" order="date" position="center"]

Engaging in a battle royal with overall race winner Denys Olefir of Newmarket Joggers, Malcolm Muir superbly paced his race to duck under the 2:45 barrier and claim the Gold individual Essex county medal and 2nd overall finisher prize.

Terry Knightley charged home in 3:07:09 to claim the Bronze Veteran over 50 medal, his 61st Essex County medal and although Tony Hyde had a difficult race he did well to finish in 3:24:46 and successfully scoop his first Essex medal. Together the three man Ilford Team set out what they planned to do and achieved an Essex County Silver Team medal.

Race Report and Pictures by Kim The Blur